



## HEALTH HISTORY INTAKE

Natural Medicine Healthcare is only possible when the practitioner completely understands the patient's physical, mental, and emotional concerns. The information you provide helps your practitioner understand your needs and how to help you reach your health goals. Please provide the most detailed account of your health history possible.

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What are your most important health concerns? What would you like to address?

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When did you last visit a doctor's office, medical clinic, or hospital, or receive counseling?  
Please explain: \_\_\_\_\_

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How did you hear about our clinic? \_\_\_\_\_

Are you aware of any allergies to food, drugs, or other environmental allergens (cats, mold, medications...)? If yes, list and explain: \_\_\_\_\_

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## SELF AND FAMILY HISTORY

What hospitalizations or surgeries have you had? Please explain: \_\_\_\_\_

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What diagnostic imaging studies have you had?

Electroencephalogram                       Bone density scan                       X-rays

Electrocardiogram                       CT scan                       Mammogram                       MRI

## GENERAL

Weight: \_\_\_\_\_ lbs.

Weight one year ago: \_\_\_\_\_ lbs.

Maximum weight: \_\_\_\_\_ lbs.

When?: \_\_\_\_\_

When during the day is your energy best? \_\_\_\_\_ worst? \_\_\_\_\_

## MEDICATIONS & SUPPLEMENTS

Do you take or use any of the following?

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Pain relievers (incl. aspirin, ibuprofen) | <input type="checkbox"/> Diet pills, appetite suppressants |   |
| <input type="checkbox"/> Thyroid medication                        | <input type="checkbox"/> Cortisone (cream or pills)        | <input type="checkbox"/> Laxatives      |
| <input type="checkbox"/> Antibiotics                               | <input type="checkbox"/> Antacid                           | <input type="checkbox"/> Sleeping pills |

*Please list* all prescriptions, over-the-counter medications, herbs, vitamins, or other supplements you are taking:

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## FAMILY HISTORY

*Do you have a family history of any of the following? Please Circle:*

- |                |                  |                |                      |
|----------------|------------------|----------------|----------------------|
| Anemia         | Arthritis        | Asthma         | Cancer               |
| Cataracts      | Diabetes         | Epilepsy       | Gall Bladder Disease |
| Glaucoma       | Hay fever/hives  | Heart Disease  | High Blood Pressure  |
| Kidney Disease | Liver Disease    | Mental Illness | Respiratory Disease  |
| Stroke         | Thyroid Problems | Tuberculosis   | Mental Illness       |

Is your mother still living?    Yes; her age \_\_\_\_\_    No; age at time of death \_\_\_\_\_

Cause of death \_\_\_\_\_

Is your father still living?    Yes; his age \_\_\_\_\_    No; age at time of death \_\_\_\_\_

Cause of death \_\_\_\_\_

## CHILDHOOD ILLNESSES

*Have you had any of the following conditions as a child/adolescent? Please circle:*

Diphtheria	Mumps	German Measles	Rheumatic Fever
Measles	Scarlet Fever	Other: _____	

### Past Immunizations

Have you had any of the following immunizations? If unsure, please write a question mark beside the vaccination listed.

Diphtheria	Polio	Measles/Mumps/Rubella (MMR)
Tetanus	Pertussis	Other: _____

### Review of Systems

Please circle.

Y=Yes, present condition.

P=Problem of the past.

N=No, never had the condition.

#### Head

Headaches	Y P N	Migraine headaches	Y P N
Head injury	Y P N	Jaw/TMJ problems	Y P N

#### Ears

Ringing	Y P N	Dizziness	Y P N
Earaches	Y P N	Impaired hearing	Y P N

#### Neck

Lumps	Y P N	Swollen glands	Y P N
Goiter	Y P N	Pain or stiffness	Y P N

#### Skin

Rashes	Y P N	Psoriasis	Y P N	Eczema, hives	Y P N
Lumps	Y P N	Acne, boils	Y P N	Color changes	Y P N
Itching	Y P N	Loss of hair	Y P N	Night sweats	Y P N

### **Musculoskeletal**

Joint pain	Y P N	Muscle spasms	Y P N	Weakness	Y P N
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### **Eyes**

Blurred vision	Y P N	Cataracts	Y P N	Glasses/contacts	Y P N
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Glaucoma	Y P N	Eye pain/strain	Y P N	Tearing/dryness	Y P N
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Spots in eyes	Y P N	Color blindness	Y P N	Double vision	Y P N
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### **Nose/Sinuses**

Stuffiness	Y P N	Loss of smell	Y P N	Sinus problems	Y P N
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Hay fever	Y P N	Nosebleeds	Y P N	Frequent colds	Y P N
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### **Mouth/Throat**

Hoarseness	Y P N	Gum problems	Y P N	Freq. sore throat	Y P N
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Jaw clicks	Y P N	Dental cavities	Y P N	Sore lips/tongue	Y P N
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### **Respiratory**

Asthma	Y P N	Wheezing	Y P N	Spitting up blood	Y P N
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Cough	Y P N	Bronchitis	Y P N	Difficulty breathing	Y P N
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Sputum	Y P N	Pneumonia	Y P N	Pain with breathing	Y P N
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Pleurisy	Y P N	Emphysema	Y P N	Tuberculosis	Y P N
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Shortness of breath	Y P N	... at night	Y P N	... lying down	Y P N
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### **Cardiovascular**

Angina	Y P N	Chest pain	Y P N	Blood clots	Y P N
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Murmur	Y P N	Heart disease	Y P N	Rheumatic fever	Y P N
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Fainting	Y P N	Ankle swelling	Y P N	Low/high blood pressure	Y P N
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### **Gastrointestinal**

Diarrhea	Y P N	Constipation	Y P N	Changes in thirst	Y P N
Ulcers	Y P N	Black stool	Y P N	Coughing up blood	Y P N
Jaundice	Y P N	Hemorrhoids	Y P N	Gall bladder disease	Y P N
Heartburn	Y P N	Abdominal pain	Y P N	Blood in stool	Y P N
Liver disease	Y P N	How many bowel movements per day? _____			

### **Urinary**

Incontinence	Y P N	Frequent infections	Y P N	Painful urination	Y P N
Kidney stones	Y P N	Frequently at night	Y P N		

### **Blood/Peripheral Vascular**

Anemia	Y P N	Cold hands/feet	Y P N	Thrombophlebitis	Y P N
Leg pain	Y P N	Easy bruising	Y P N	Varicose veins	Y P N

### **Neurological**

Fainting	Y P N	Paralysis	Y P N	Numbness/tingling	Y P N
Seizures	Y P N	Loss of memory	Y P N	Muscle weakness	Y P N

### **Emotional**

Mood swings	Y P N	Nervousness	Y P N	Tension/stress	Y P N
Anxiety	Y P N	Depression	Y P N	Other: _____	

### **Endocrine**

Hypothyroid	Y P N	Excessive thirst	Y P N	Cold intolerance	Y P N
Hyperthyroid	Y P N	Excessive hunger	Y P N	Heat intolerance	Y P N

**Male Reproductive**

Hernias	Y P N	Testicular masses	Y P N	Discharge or sores	Y P N
Testicular pain	Y P N	Prostate issues	Y P N	Sexual difficulty	Y P N
Venereal disease	Y P N	Sexually active	Y P N	Premature ejaculation	Y P N

**Female Reproductive**

Age of first menses \_\_\_\_\_ Age of last menses (if menopausal) \_\_\_\_\_  
Length of cycle (Day 1 to Day 1) \_\_\_\_\_ Duration of menses (days bleeding) \_\_\_\_\_  
Date of last annual exam \_\_\_\_\_

Painful menses	Y P N	Endometriosis	Y P N	Ovarian cysts	Y P N
Heavy flow	Y P N	Fertility issues	Y P N	Cervical dysplasia	Y P N
Breasts tender	Y P N	Venereal disease	Y P N	PMS	Y P N
Cycles regular	Y P N	Bleeding between cycles	Y P N		
Sexual difficulty	Y P N	Abnormal Pap	Y P N		
Nipple Discharge	Y P N	Menopausal symptoms	Y P N		
Breast lump(s)	Y P N	Do self breast exams	Y P N		

Number of pregnancies \_\_\_\_\_ Number of live births \_\_\_\_\_  
Number of miscarriages \_\_\_\_\_ Number of abortions \_\_\_\_\_

**Sexual Health**

Sexually active	Y P N	Practice safer sex	Y P N
Birth control	Y P N	If yes, what type?	_____

**Is there anything else you would like us know in order to serve you better?**

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**Consent for Treatment:**

I understand that my care as a patient at MWHC is directed by supervising staff physicians, licensed acupuncturists, and/or other licensed professionals. I consent to services rendered and provided to me under the instructions of these professionals assisting in my care, as well as volunteer staff physicians who may be called upon for the purpose of consulting.

I recognize that MWHC is a teaching institution. I agree that persons who are students and resident physicians may participate in my care as part of the educational programs of the institution. I may be contacted by MWHC physicians for voluntary participation in clinical research projects. I do, however, have the right to refuse these programs without jeopardizing my future care at MWHC in any way.

I have fully read and understand the above agreements and authorizations.

\_\_\_\_\_

Patient Signature

\_\_\_\_\_

Date

\_\_\_\_\_

Parent, Guardian, Responsible Party Signature

\_\_\_\_\_

Date

**HIPAA Notice of Privacy Practices and Consent**

I hereby consent to the use and disclosure of my protected health information by MWHC for the purposes of treatment, payment and healthcare operations, or as otherwise required by law.

- MWHC has posted their Notice of Privacy Practices which provides more detailed information about the usage and disclosure of my protected health information. I have a right to review the Notice prior to signing this consent and to receive a printed copy of the Notice.
- I have the right to request restrictions to the usage and disclosure of my protected health information.
- I have the right to request an alternative to the standard method of communication of my protected health information.
- I have the right to revoke this consent, in writing, at any time. Revocations will be honored as of the date they are received by MWHC at the following address: 2 NW 3rd Avenue, Portland, Oregon 97209.
- I understand that while MWHC may honor these requests, they are not required by law to do so.
- I am aware that MWHC reserves the right to change the terms of their Notice of Privacy Practices and to make new Notice of Privacy Practices provisions effective for all protected health information that they maintain. In the event of amendments, MWHC will make available a revised Notice of Privacy Practices for my review.

**Statement of Financial Responsibility**

I understand and agree to the following:

- Payment for services rendered is my responsibility as the patient or patient’s responsible party.
- I am responsible for paying for all services, including lab tests, rendered at the time of service.
- How will you be paying for your visit? Please circle one:

Check                       Cash                       Debit/Credit Card (MasterCard or Visa only)

- If I am receiving a discount of any sort, I am responsible for providing accurate and thorough documentation supporting it and I am responsible for paying in full at the time of service.
- If someone *other than the patient* is responsible for payment, please complete the following :

Name of responsible party (if other than the patient): \_\_\_\_\_

Relationship to the patient: \_\_\_\_\_ Phone#: \_\_\_\_\_

I acknowledge that I am financially responsible for all charges. If it becomes necessary to effect collections of any amount owed on this or subsequent visits, the undersigned agrees to pay for all costs and expenses, including reasonable attorney fees. I hereby authorize Mercy & Wisdom Healing Center to release information necessary to secure payment.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Insurance Billing Procedures**

If I am billing insurance for services rendered, I understand and agree to the following:

- I must submit invoices from MWHC to my insurance carrier for reimbursement.
- I authorize MWHC to release pertinent medical records related to billing. This release applies to support of the insurance billing process only.
- **I am responsible for any and all charges at the time of service.**

**Alternative Method Of Communication Request:**

As a courtesy, it is MWHC’s policy to call your home on the day prior to your scheduled appointment to remind you of your appointment time. We may leave a reminder message on your voicemail or with a person answering the phone – no personal health information will be disclosed.

- I agree with MWHC’s standard method of communication.
- Or, please change as follows: \_\_\_\_\_
- Please contact me at the following telephone number: \_\_\_\_\_
- I prefer not to receive reminder calls.

***We require at least 24 hours advance notice for cancelling appointments.***

\_\_\_\_\_  
Patient or Responsible Party Signature

\_\_\_\_\_  
Date